

Soup Maker's Reference: Measurement Equivalents



1-1/2 teaspoons = 1/2 tablespoon

3 teaspoons = 1 tablespoon

4 tablespoons = 1/4 cup

5 tablespoons + 1 teaspoon = 1/3 cup

8 tablespoons = 1/2 cup

16 tablespoons = 1 cup

1 cup = 8 fluid ounces

2 cups = 1 pint = 16 fluid ounces

4 cups = 2 pints = 1 quart = 32 fluid ounces

8 cups = 2 quarts = 1/2 gallon

16 cups = 4 quarts = 1 gallon

1 pound = 16 ounces

1 stick of butter = 8 tablespoons = 1/2 cup

2 sticks of butter = 1 cup